



Linkage and Retention in Care a priority for non clinicians (CHWs, Lay counsellors, Data capturers etc.)

MOKGADI PHOKOJOE
Best Practice workshop
28 3. 2019



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Outline



- What are the challenges ?
- How to address these challenges?
- Who should address these challenges?
- How do we measure progress/performance?



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

The Burden



4,484,288 Estimated number
of people on ART(Dec 2018)

Estimated 7.1 million
people living with HIV
in South Africa -
(UNAIDS Data,2017)

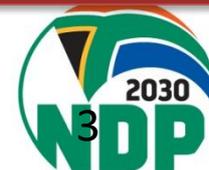
**2 million additional clients to be put
on ART by 2020**

As treatment scale up – Health
Facilities will continue to be
congested



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

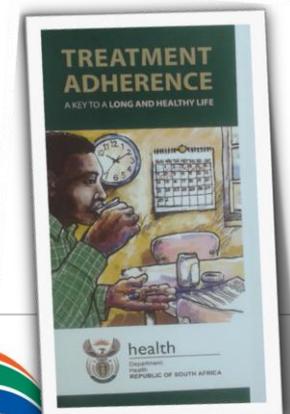
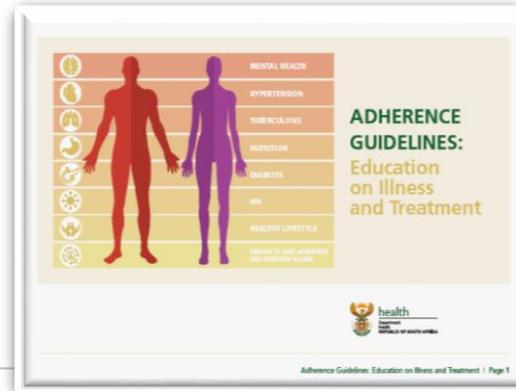
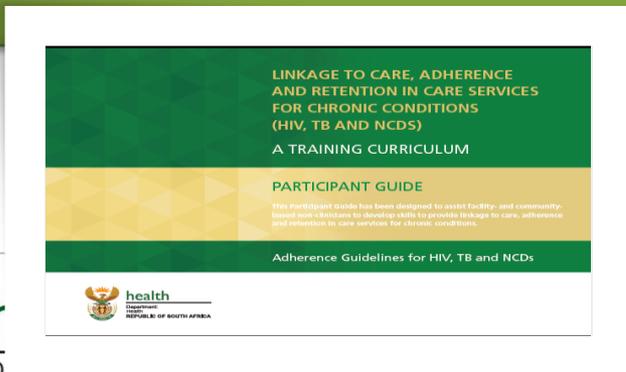
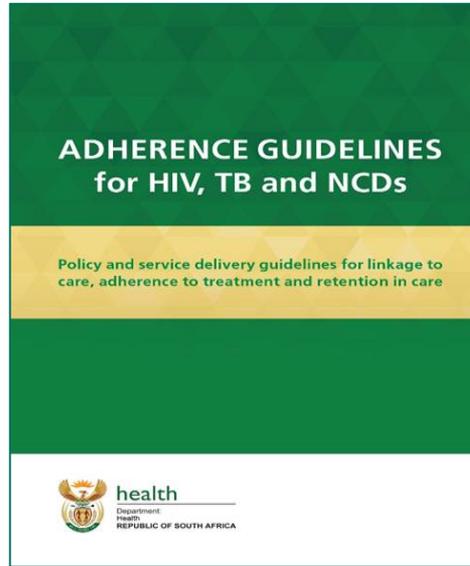


Foundations to..... Adherence, Linkage and Retention in care !



NDOH Launched Adherence Policy and service delivery Guidelines in 2016 to ensure.....

- Acceleration of patient centred approaches across the care CASCADE
- Capacity building for Lay Counsellors and CHWs to ensure treatment adherence, linkage and retention in Care



Objectives of the National Adherence Strategy (NAS)



- To strengthen access to appropriate services and interventions in order to improve clinical outcomes
- To assist service providers to ensure that people with chronic diseases are linked to care, retained in care and supported in adhering to treatment
- To address client and service-provider barriers

Adherence Strategy is for HIV, TB, NCDs like diabetes and hypertension



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

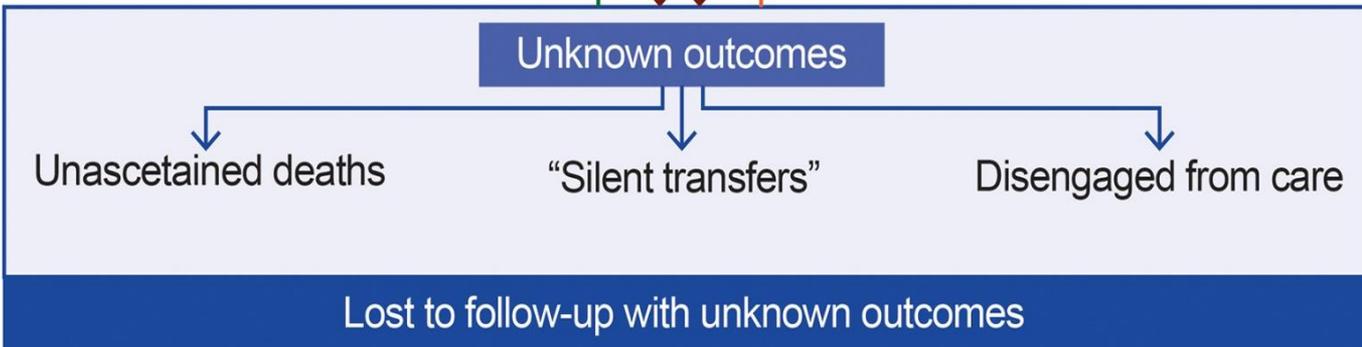
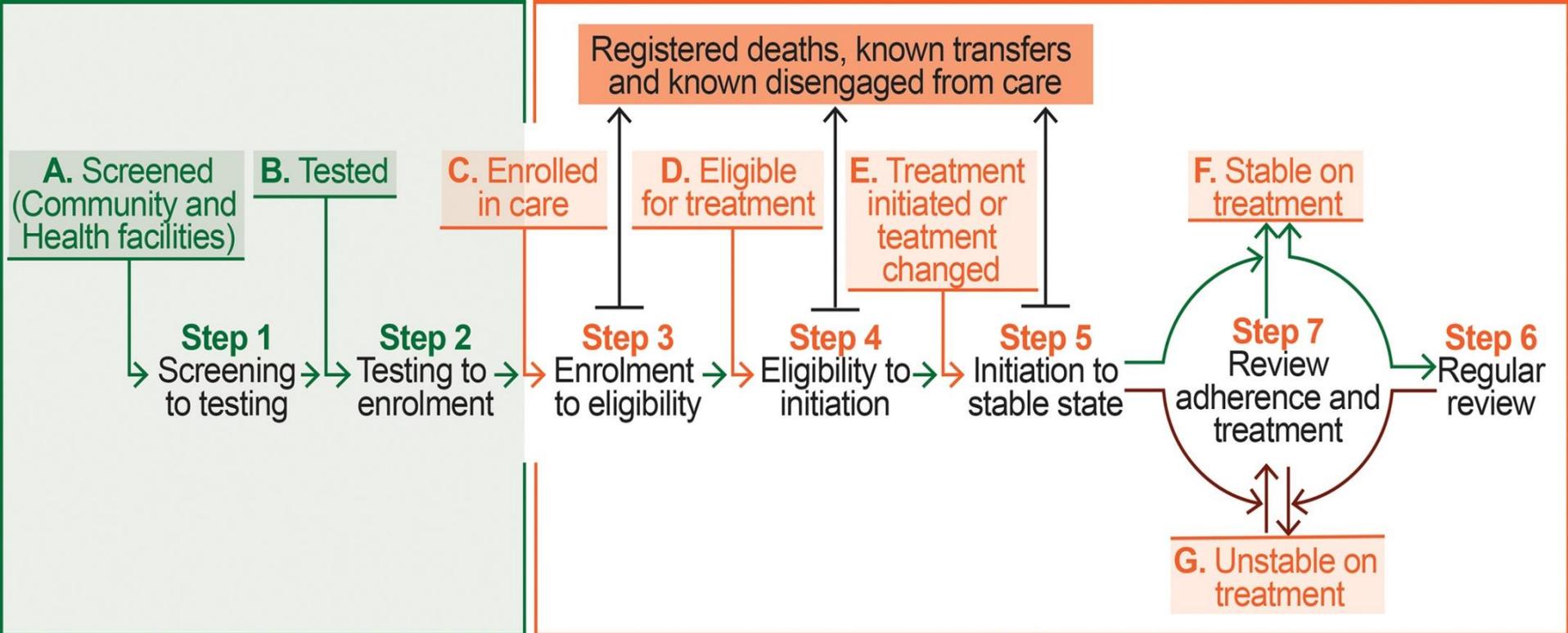




The Stepwise Approach

Linkage to care

Retained in care or on treatment—with known outcomes



Linkage and retention in Care Interventions



Care Cascade step and recommended intervention	Role of CHWs
<p>Step 1: Screening</p> <p>Education and promotion of HCT</p> <p>TB screening:</p> <p>All HIV +</p> <p>Symptoms</p> <p>TB contact</p> <p>Routine PHC screening for all patients ≥ 18 years</p> <p>ICDM</p>	<ul style="list-style-type: none"> ▪ Case finding ▪ Health promotion ▪ Education on illness, treatment, adherence, side effects and risk of non- adherence ▪ Education on HIV,TB and NCDs ▪ Get consent for patient tracing
<p>Step 2: Testing to Enrolment</p> <p>Post-Test counselling (HCT)</p> <p>Linkage to care</p> <p>ICDM</p> <p>Systematic monitoring of linkage</p> <p>Tracing of early missed appointment</p>	<ul style="list-style-type: none"> ▪ If tested positive, focus on: <ul style="list-style-type: none"> - acceptance of status -Support system -Link or refer to peer support ▪ Inform patient tracing and ask for contact number/address
<p>Step 3: Enrolment to eligibility</p> <p>Education</p> <p>Systematic monitoring of linkage</p> <p>ICDM</p> <p>Tracing of early missed appointment</p>	<ul style="list-style-type: none"> • Education and support: <ul style="list-style-type: none"> - Disease literacy - Promote Health seeking behaviour - Importance of regular review ▪ Inform and agree about tracing system ▪ Referral for social assistance if indicated



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



Linkage and Retention in Care interventions



Care Cascade step and recommended intervention	Role of CHWs
<p>Step 5: Treatment initiation to stabilization (intensive phase) Fast track Initiation model ICDM Tracing of early missed appointment</p>	<ul style="list-style-type: none"> Call or home visit for those who miss appointment
<p>Step 6: Stabilization on treatment CLUBs Spaced/fast lane appointment / CCMDD ICDM Tracing of early missed appointment (Tier.net)</p>	<ul style="list-style-type: none"> Propose to join a Club, spaced /fast lane appointment system or to access drug delivery Oversee management and coordination of Adherence club (AC) Report and refer patients with medical challenges to PN responsible for AC Emphasize importance of treatment continuation Check client's contact number and address
<p>Step 7: Unstable on treatment (Regular review– if patient become stable return to 6 if unstable progress to 5) Enhance adherence counselling Integrated care Tracing of early missed appointment</p>	<ul style="list-style-type: none"> Education on result and common cause for treatment failure Assess barriers to adherence Assess misconceptions and beliefs about treatment Support to elaborate strategies to overcome barriers (taking treatment even if use alcohol, etc.) Encourage adherence to influence next result

Linkage and retention in care Interventions



Care Cascade step and recommended interventions	Role of CHWs
<p>Pregnant woman: PMTCT B+ Tracing mHealth Peer support</p>	<ul style="list-style-type: none"> ▪ Education on PMTCT ▪ Add adherence steps on PMTCT in adherence plan
<p>Children: Child disclosure Tracing Peer support</p>	<ul style="list-style-type: none"> ▪ Support caretaker and child with progressive partial disclosure from 3 to 9 years and full disclosure from 10 years
<p>MSM & Sex workers: Decentralize care Peer support</p>	<ul style="list-style-type: none"> • Treat MSM and sex workers with respect and adapt a non-judgmental attitude

Health Conditions



Selection of Priority conditions to be supported was informed by the disease burden in RSA



Key focus health conditions include:

Maternal and
Newborn
Health

Child Health

HIV/AIDS

TB

Hypertension

Diabetes

The focus of CHWs will be on health promotion, screening and disease prevention



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



SOW Cross Cutting Activities



Promote HIV testing and screening for TB, STIs, NCDs, Cervical Cancer and mental health

Encourage individuals in households to stop substance use especially women during pregnancy.

Promote healthy lifestyle including healthy eating and reduction in dietary salt intake

Promote weight loss especially if obese or overweight and physical activity (exercise).

Promote use of contraception and family planning

Provide psychosocial support to children , adolescents and adults to enhance their physical and mental wellness

Promote good oral hygiene

Provide adherence support to those on chronic medication

Facilitate access to social grants, child care, disability, old age and other social services

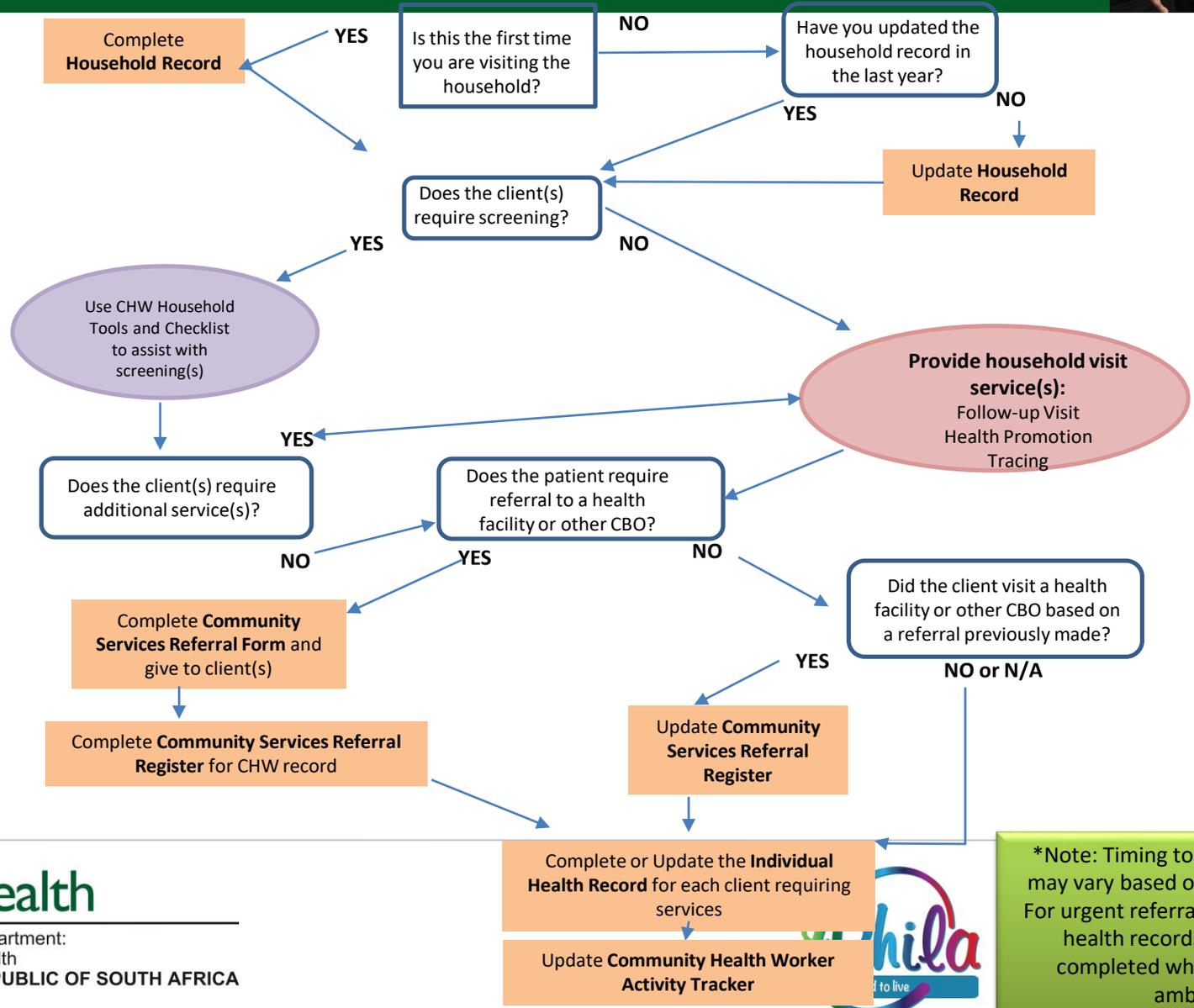


health

Department:
Health
REPUBLIC OF SOUTH AFRICA

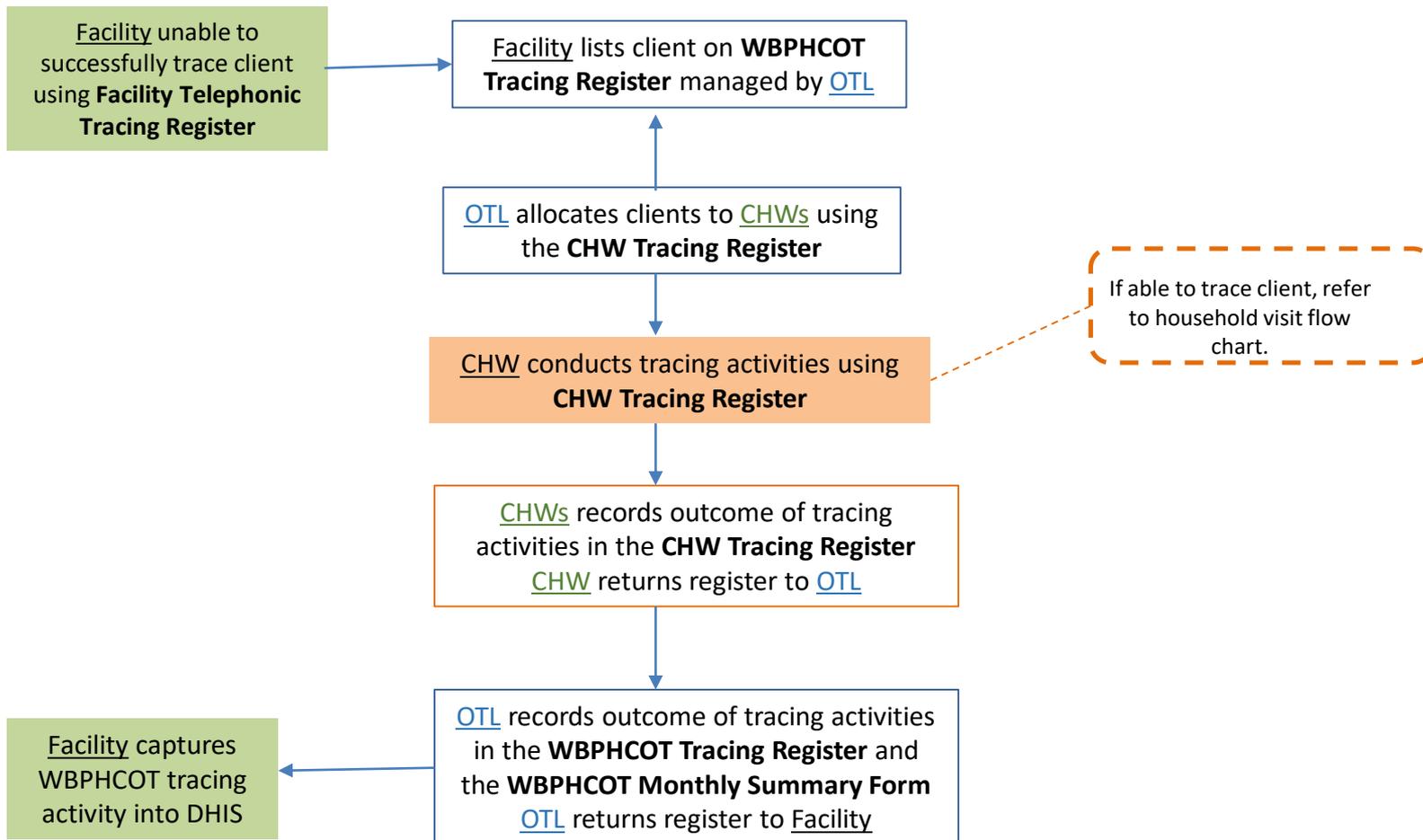


CHW Household Visit Data Collection Flow Chart



***Note:** Timing to complete the forms may vary based on the circumstances. For urgent referrals, referral forms and health records may need to be completed while waiting for the ambulance.

WBPHCOT Tracing Flow Chart

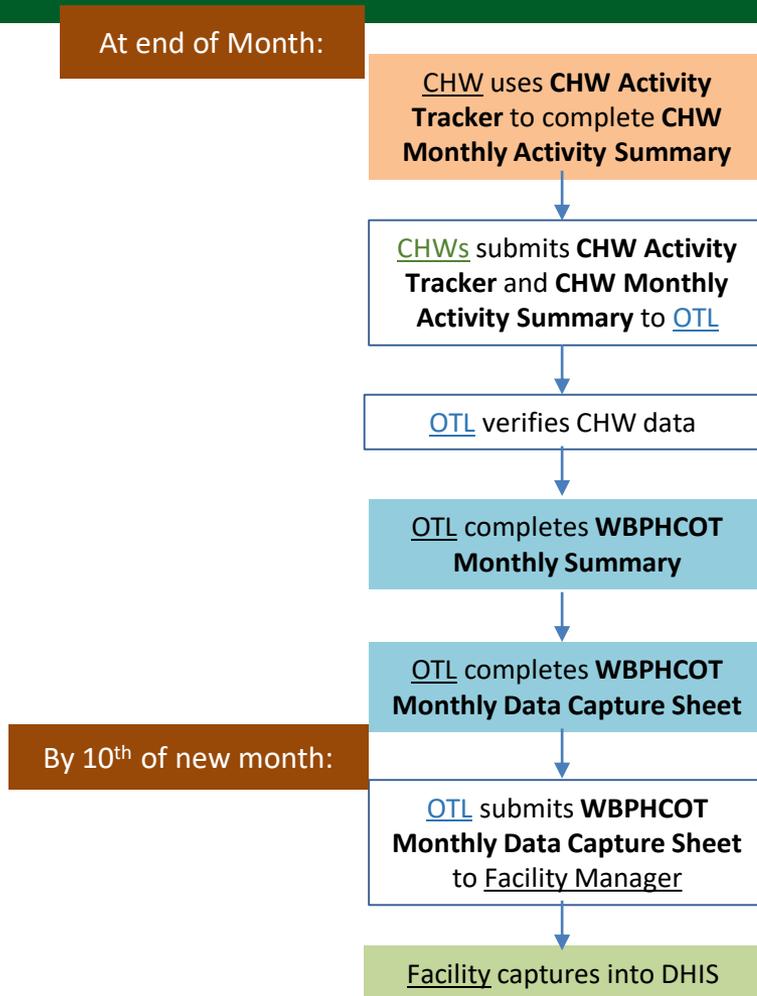


health

Department:
Health
REPUBLIC OF SOUTH AFRICA



WBPHCOT Monthly Reporting Flow Chart



health

Department:
Health
REPUBLIC OF SOUTH AFRICA



