



**HEALTH
SYSTEMS
TRUST**



Reaching 90-90-90: Rapid Scale-up of Adherence Clubs in Lejweleputswa District

Sibongile Shezi
90-90-90 Innovations Conference
30 May 2016
Pretoria



Background

- Health Systems Trust is currently supporting ten (10) districts across four (4) provinces under the **SA SURE** (South Africa's Sustainable Response to HIV, AIDS, STIs and TB) project funded through CDC;
- Lejweleputswa district is one of two districts supported by HST in the Free State Province;
- Comprehensive health systems strengthening technical assistance with the addition of direct service delivery in 2015;



Background cont.

- ❑ CASIPO approached HST with regard to further continued support for the adherence model implemented through Progressive Primary Health Care (PPHC);
- ❑ PPHC's experience through the pilot at Matjabeng Clinic implementing Adherence Clubs;
- ❑ Recognition of need to decongest PHC facilities in order to enhance implementation of the 90-90-90 DIP;
- ❑ PPHC sub-contracted to scale up implementation of Adherence Clubs to other **clinics** and other **sub-districts** within Lejweleputswa district;
- ❑ Package of services and deliverables agreed upon;
- ❑ Project time-frame: January 2016 to September 2016



RAPID SCALE-UP

Aim :

- ❑ To rapidly scale up Adherence Clubs in high burden communities in order to improve quality of care for stable clients thereby improving client outcomes.

Approach:

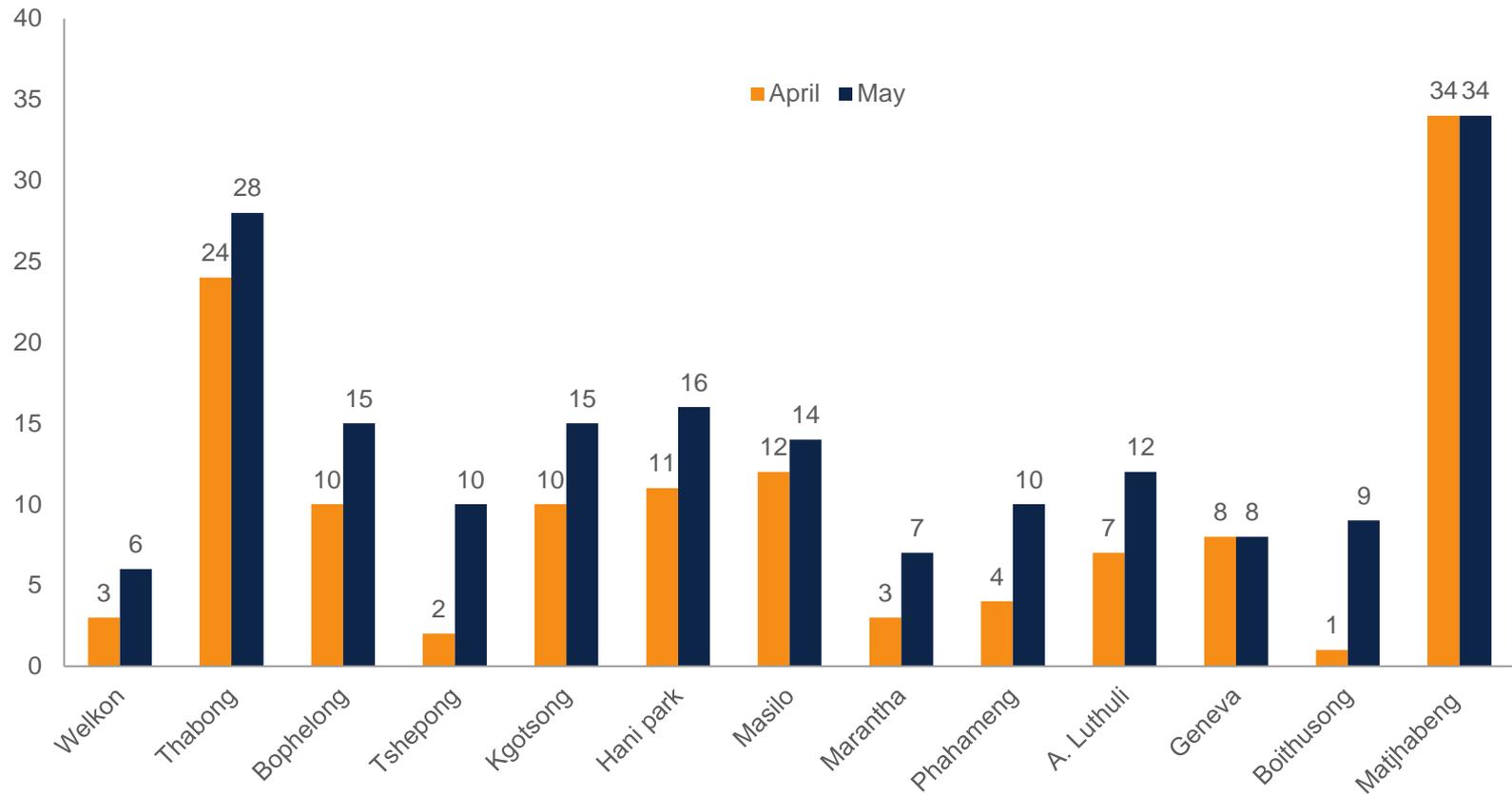
- ❑ Engagement of stakeholders especially facility teams on the scale-up initiative;
- ❑ Training of facility staff – Operational Managers, Pharmacists, pharmacist assistants and data capturers to ensure facility readiness for rapid scale-up;
- ❑ Joint planning and identification of stable patients with PHC facilities- in line with SAG policy framework and guidelines;
- ❑ Client engagement and enrolment into clubs by choice;

Clinical outcomes achieved

Facility	No. of Clubs	No. of Clubs	Total No. Of Clients	Defaulter Rate	Viral Load Suppression
	Apr-16	May-16	May-16		
Matjhabeng Clinic	34	34	846	0%	100%
Boithusong Clinic	1	9	131	0%	
Geneva Clinic	8	8	227	0%	
Albert Luthuli West Clinic	7	12	159	0%	
Phahameng Clinic	4	10	272	0%	
Marantha Clinic	3	7	132	0%	
Masilo Clinic	12	14	314	0%	
Hani Park Clinic	11	16	454	0%	
Kgotsong Clinic	10	15	255	0%	
Tshepong Clinic	2	10	228	0%	
Bophelong Clinic	10	15	214	0%	
Thabong Clinic	24	28	528	0%	
Welkom Clinic	3	6	174	0%	
Total	129	184	3934	0%	

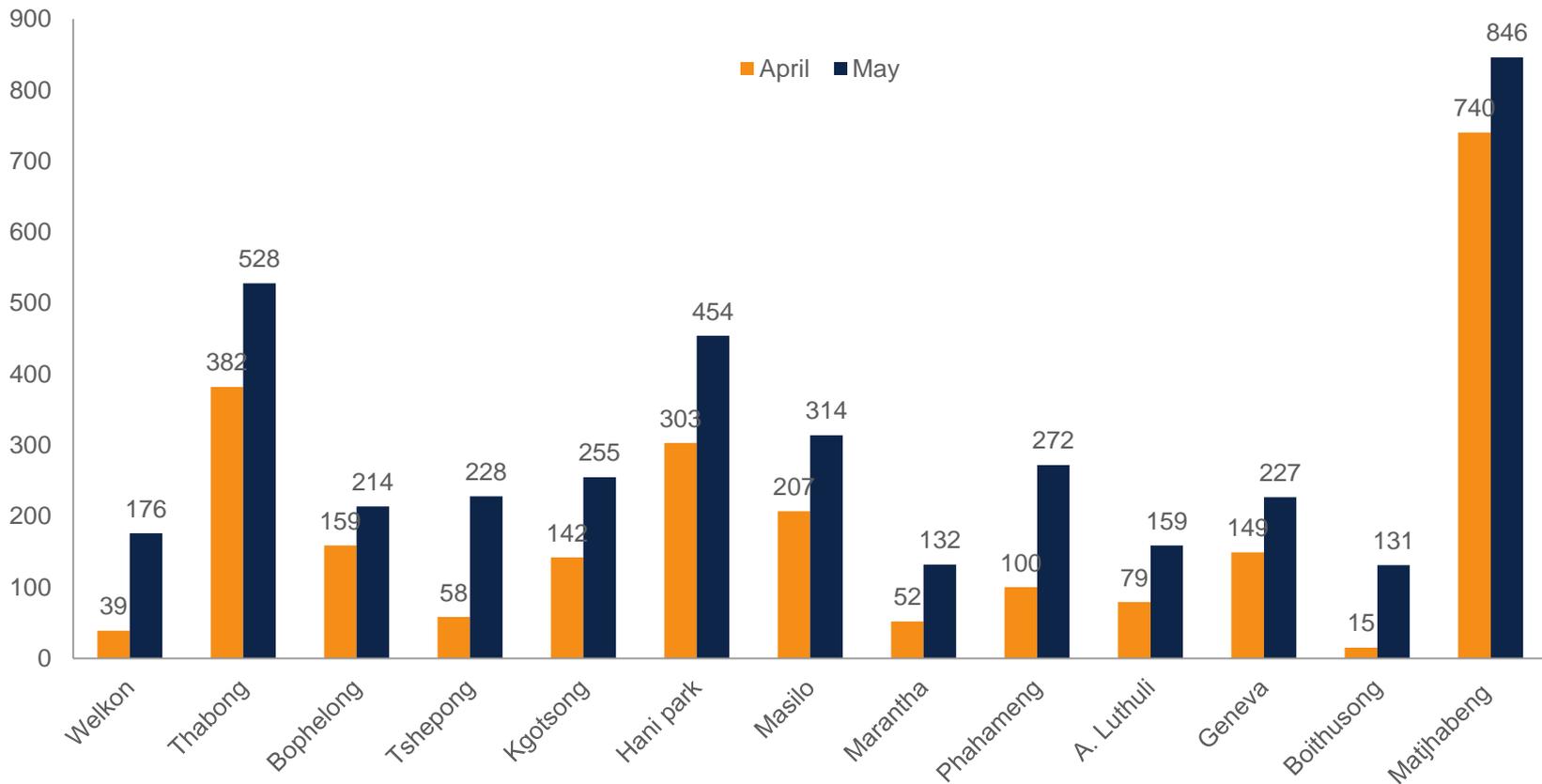
Results

Number of Adherence Clubs established in Lejweleputswa District, April - May 2016



Results cont.

Number of Participants in Lejweleputswa District;
April - May 2016



Conclusion

- ❑ Rapid scale-up can be achieved with NGO support;
- ❑ Retention rates the same for males as for females (100%);
- ❑ Preliminary results suggest that with good supervision systems and monitoring of adherence, Viral Load suppression rates can be achieved and sustained

(3rd 90)



Key Points

- ❑ Facility readiness critical to rapid scale-up;
- ❑ Adherence Clubs are a good platform for HIV and TB prevention activities
- ❑ Good outcomes can be reached w.r.t. VLS and loss to follow up

Acknowledgements and Disclaimer

- PEPFAR
- Centre for Disease Control
- Lejweleputswa clients and community
- DoH Management and Facility Teams
- PPHC Free State
- HST Management and team

“This project has been supported by the President’s Emergency Plan for AIDS Relief (PEPFAR) through the Center for Disease Control under the terms of CDC-RFA-GH11-1109”



Thank you

